ADCARE HEALTH SYSTEMS, INC

Form 4

November 25, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: January 31, Expires:

2005

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OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

Estimated average

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** BROGDON CONNIE B	Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
	ADCARE HEALTH SYSTEMS, INC [ADK]	(Check all applicable)			
(Last) (First) (Middle) 2 BUCKHEAD PLAZA, 3050 PEACHTREE ROAD, SUITE 570	3. Date of Earliest Transaction (Month/Day/Year) 10/21/2014	Director 10% Owner Officer (give titleX Other (specify below) Greater than 5% owner			
(Street)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
ATLANTA CA 20205	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			

ATLANTA, GA 30305

(State)

(Zip)

(City)

Person

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Month/Day/Year) Execution Date, if any		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			Beneficially Form Owned (D) of Following India	Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	10/21/2014		S	18,084	D	\$ 4.438	919,951	D	
Common Stock	10/22/2014		S	10,000	D	\$ 4.43	909,951	D	
Common Stock	10/22/2014		S	100	D	\$ 4.45	909,851	D	
Common Stock	10/23/2014		S	100	D	\$ 4.43	909,751	D	
Common Stock	11/11/2014		S	4,000	D	\$ 4.2	905,751	D	

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Common Stock	11/11/2014	S	2,200	D	\$ 4.21	903,551	D
Common Stock	11/11/2014	S	2,000	D	\$ 4.22	901,551	D
Common Stock	11/11/2014	S	400	D	\$ 4.23	901,151	D
Common Stock	11/12/2014	S	2,000	D	\$ 4.17	899,151	D
Common Stock	11/12/2014	S	6,000	D	\$ 4.18	893,151	D
Common Stock	11/12/2014	S	3,400	D	\$ 4.215	889,751	D
Common Stock	11/12/2014	S	1,300	D	\$ 4.241	888,451	D
Common Stock	11/12/2014	S	18,600	D	\$ 4.25	869,851	D
Common Stock	11/12/2014	S	3,700	D	\$ 4.26	866,151	D
Common Stock	11/12/2014	S	104	D	\$ 4.3	866,047	D
Common Stock	11/18/2014	S	5,000	D	\$ 4.21	861,047	D
Common Stock	11/18/2014	S	3,000	D	\$ 4.211	858,047	D
Common Stock	11/18/2014	S	2,000	D	\$ 4.212	856,047	D
Common Stock	11/18/2014	S	5,000	D	\$ 4.23	851,047	D
Common Stock	11/18/2014	S	1,328	D	\$ 4.25	849,719	D
Common Stock	11/19/2014	S	619	D	\$ 4.25	849,100	D
Common Stock	11/20/2014	S	2,000	D	\$ 4.161	847,100	D
Common Stock	11/20/2014	S	2,000	D	\$ 4.169	845,100	D
Common Stock	11/20/2014	S	2,239	D	\$ 4.154	842,861	D
Common Stock	11/20/2014	S	4,826	D	\$ 4.25	838,035	D
	11/24/2014	S	9,467	D	\$ 4.15	828,568	D

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Common Stock

Common Stock 221,296 I By spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. dorNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	.	ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address		Kelationships				
	Director	10% Owner	Officer	Other		

BROGDON CONNIE B 2 BUCKHEAD PLAZA 3050 PEACHTREE ROAD, SUITE 570 ATLANTA, GA 30305

Greater than 5%

owner

Dolotionchine

Signatures

Connie B.
Brogdon

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 3

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