MCCANN CHRISTOPHER G

Form 4

November 01, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Estimated average burden hours per response... 0.5

obligations may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCANN CHRISTOPHER G

(First)

(Street)

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

1 800 FLOWERS COM INC [FLWS]

(Check all applicable)

(Middle)

3. Date of Earliest Transaction (Month/Day/Year)

_X__ Director 10% Owner Other (specify X_ Officer (give title below)

ONE OLD COUNTRY

10/30/2007

President

ROAD, SUITE 500

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

CARLE PLACE, NY 11514

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative	Secur	ities Acqu	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securit or(A) or Di (Instr. 3,	sposed 4 and : (A) or	of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class B Common Stock (1)	10/30/2007		Code V M	Amount 76,400	(D)	Price \$ 2	76,400	D	
Class B Common Stock (1)	10/30/2007		S	390	D	\$ 11.84	76,010	D	
Class B Common Stock (1)	10/30/2007		S	538	D	\$ 11.87	75,472	D	
Class B	10/30/2007		S	2,260	D	\$	73,212	D	

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Common Stock (1)					11.88		
Class B Common Stock (1)	10/30/2007	S	1,700	D	\$ 11.89	71,512	D
Class B Common Stock (1)	10/30/2007	S	6,662	D	\$ 11.9	64,850	D
Class B Common Stock (1)	10/30/2007	S	1,300	D	\$ 11.91	63,550	D
Class B Common Stock (1)	10/30/2007	S	1,450	D	\$ 11.95	62,100	D
Class B Common Stock (1)	10/30/2007	S	1,700	D	\$ 11.96	60,400	D
Class B Common Stock (1)	10/30/2007	S	900	D	\$ 11.97	59,500	D
Class B Common Stock (1)	10/30/2007	S	600	D	\$ 11.98	58,900	D
Class B Common Stock (1)	10/30/2007	S	50,000	D	\$ 12	8,900	D
Class B Common Stock (1)	10/30/2007	S	2,300	D	\$ 12.1	6,600	D
Class B Common Stock (1)	10/30/2007	S	200	D	\$ 12.11	6,400	D
Class B Common Stock (1)	10/30/2007	S	5,519	D	\$ 12.2	881	D
Class B Common Stock (1)	10/30/2007	S	196	D	\$ 12.22	685	D
Class B Common Stock (1)	10/30/2007	S	100	D	\$ 12.23	585	D
Class B Common Stock (1)	10/30/2007	S	485	D	\$ 12.24	100	D

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Class B Common

Stock (1)

10/30/2007

S 100

 $D^{(2)}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security or Exercise Price of (Instr. 3) Derivative Security

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if

Code (Month/Day/Year) (Instr. 8)

5. Number of TransactionDerivative Securities Acquired (A) or Disposed of

Expiration Date (Month/Day/Year)

6. Date Exercisable and

7. Title and Amount of **Underlying Securities** (Instr. 3 and 4)

(D) (Instr. 3, 4, and 5)

Code V (A)

Expiration Date Exercisable Date

Title

Number of Shares

Amount

Stock

Option (Right to Buy)

\$2

10/30/2007

M

(D)

76,400 07/01/1998 07/01/2008 Common

Class B

76,400

Stock

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer

Other

MCCANN CHRISTOPHER G ONE OLD COUNTRY ROAD SUITE 500 CARLE PLACE, NY 11514

X

President

Signatures

/s/Christopher G. McCann

11/01/2007

**Signature of Reporting

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1)

Reporting Owners 3

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Class B Common Stock is converted immediately upon sale into Class A Common Stock on a one-for-one basis, without payout of any exercise or conversion price.

In addition, the reporting person owns directly 1,776,019 shares of Class A Common Stock, of which 1,770,836 may be acquired within 60 days of October 9, 2007 through the exercise of stock options; indirectly owns 2,000,000 shares of Class B Common Stock held by a limited partnership of which the reporting person is a general partner and exercises control; and 52,548 shares of Class B Common Stock held by The McCann Charitable Foundation, Inc. of which the reporting person is a Director and Treasurer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.