#### MCCANN CHRISTOPHER G

Form 4

November 09, 2018

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

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**OMB APPROVAL** 

3235-0287

January 31,

**OMB** 

Number:

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MCCANN CHRISTOPHER G	2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
	1 800 FLOWERS COM INC [FLWS]	(Check all applicable)			
(Last) (First) (Middle)  ONE OLD COUNTRY  POAD SHITE 500	3. Date of Earliest Transaction (Month/Day/Year) 11/07/2018	_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) CEO and President			
ROAD, SUITE 500 (Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
CARLE PLACE NV 11514	Thod (Monda Day) Toda /				

#### CARLE PLACE, NY 11514

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative (	Securi	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Dia (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	11/07/2018		M	12,500			869,237	D	
Class A Common Stock	11/07/2018		S	12,500	D	\$ 13.05 (1)	856,737	D	
Class A Common Stock	11/08/2018		M	12,500	A	\$ 1.79	869,237	D	
Class A	11/08/2018		S	12,500	D	\$	856,737	D	

Person

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Common Stock	13.76 (2)			
Class A Common Stock		172,944	I	I (3)
Class A Common Stock		263,881	I	I (3)
Class A Common Stock		278,000	I	I (3)
Class A Common Stock		110	I	I (4)
		11 .1		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 1.79	11/07/2018		M	12,500	<u>(5)</u>	10/26/2020	Class A Common Stock	12,500
Stock Option (Right to Buy)	\$ 1.79	11/08/2018		M	12,500	<u>(5)</u>	10/26/2020	Class A Common Stock	12,500

# **Reporting Owners**

Relationships

Reporting Owner Name / Address

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Director 10% Owner Officer Other

MCCANN CHRISTOPHER G ONE OLD COUNTRY ROAD SUITE 500 CARLE PLACE, NY 11514

X X CEO and President

## **Signatures**

/s/Christopher G. 11/09/2018 McCann

\*\*Signature of Reporting Date

Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price in Column 4 is a weighted average price. The shares were disposed of in multiple transactions ranging from \$12.50 to \$13.38 (1) inclusive. The Reporting Person undertakes to provide to 1-800-Flowers.com, Inc. or the Staff of the Securities and Exchange
- Commission, upon request full information regarding the number of shares sold at each separate price within the range set forth above.
- The price in Column 4 is a weighted average price. The shares were disposed of in multiple transactions ranging from \$13.26 to \$14.14 (2) inclusive. The Reporting Person undertakes to provide to 1-800-Flowers.com, Inc. or the Staff of the Securities and Exchange Commission, upon request full information regarding the number of shares sold at each separate price within the range set forth above.
- (3) Shares held by a Grantor Retained Annuity Trust of which Reporting Person is the Trustee.
- (4) Shares held by Reporting Person as custodian for his son.
- (5) The options were granted on 10/26/10 and vested ratably over 8 years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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