

Aeterna Zentaris Inc.  
Form 6-K  
March 22, 2019

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

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**FORM 6-K**

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**REPORT OF FOREIGN PRIVATE ISSUER  
PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES  
EXCHANGE ACT OF 1934**

**For the month of March 2019**

**Commission File Number: 001-38064**

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**Aeterna Zentaris Inc.**

(Translation of registrant's name into English)

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**315 Sigma Drive, Suite 302D  
Summerville, South Carolina, USA 29486**

(Address of principal executive office)

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Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.  
Form 20-F  Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

This report on Form 6-K, including the exhibit hereto, shall be deemed incorporated by reference into the Registrant's Registration Statements on Form S-8 (File Nos. 333-224737, 333-210561, 333-200834) and to be a part thereof from the date on which this report is filed, to the extent not superseded by documents or reports subsequently filed or furnished.

**DOCUMENTS INDEX**

<b>Exhibit</b>	<b>Description</b>
99.1	Material Change Report of the Registrant dated March 22, 2019.

**SIGNATURE**

Pursuant to the requirements of the Securities Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: March 22, 2019

AETERNA ZENTARIS INC.

/s/ Leslie Auld  
Leslie Auld  
Chief Financial Officer