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DARLING I Form 4 May 11, 2010	NGREDIENTS IN 6	JC.								
FORM	ΙΔ								PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. SECURITIES						LOW	NERSHIP OF	burden hou	Estimated average burden hours per	
Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	Filed purs ns Section 17(a)		Utility Hold	ling Com	npany	Act c	ge Act of 1934, of 1935 or Sectio 40	response	0.5	
(Print or Type F	Responses)									
Mize Gary W. Symbol			ARLING INGREDIENTS INC.				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 251 O'CONI BLVD., SUI	of Earliest Tr /Day/Year) /2016	ansaction			X_Director10% Owner Officer (give titleOther (specify below) below)					
	nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
IRVING, TX	X 75038						Form filed by I Person	More than One R	eporting	
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	curity (Month/Day/Year) Execution Date, if		Code	4. Securi onAcquired Disposed (Instr. 3,	d (A) c d of (D)	SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
G			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common stock	05/10/2016		А	6,203	А	\$0	6,203	D		
D . I D				11	1 1.		· 1· .1			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. iorNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amou Unde Secur	le and unt of rlying tities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code N	⁷ (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Add	dress		Relationsh		
reporting o when runne / run		Director	10% Owner	Officer	Other
Mize Gary W. 251 O'CONNOR RIDGE B SUITE 300 IRVING, TX 75038	LVD.	Х			
Signatures					
Gary W. Mize	05/11/	/2016			
<u>**</u> Signature of Reporting Person	Dat	e			

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.