

SMITH & NEPHEW PLC  
Form 6-K  
August 02, 2010

**SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

**Report of Foreign Private Issuer**

**Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of  
1934**

July 30, 2010

Commission File Number 001-14978

**SMITH & NEPHEW plc**  
(Registrant's name)

**15 Adam Street**  
**London, England WC2N 6LA**  
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F	<input checked="" type="checkbox"/>	Form 40-F	<input type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>
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[Indicate by check mark whether by furnishing the information contained

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in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes                      No X  
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If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82- n/a.

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew Plc  
(Registrant)

Date: July 30, 2010

By: /s/ Susan Henderson  
-----  
Susan Henderson  
Company Secretary

**BLOCK LISTING SIX MONTHLY RETURN**

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 30 July 2010

Name of applicant:      Smith & Nephew plc

Name of scheme: 1985 Executive Share Option Scheme  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 6,437  
from previous return:  
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A  
Number of securities issued/allotted under scheme during period: 0  
Balance under scheme not yet issued/allotted at end of period 6,437  
Number and class of securities originally listed and the date of admission 30,000 Ordinary Shares of US\$ 20 cents each listed on 13 February 2007.  
Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.  
63,179,855 ordinary shares of US\$20 cents each are held in treasury.

Name of contact: Gemma Parsons  
Address of contact: 15 Adam Street, London, WC2N 6LA  
Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: 1990 International Executive Share  
Option Scheme  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 547,862  
from previous return:  
The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:  
Number of securities 64,151  
issued/allotted under  
scheme during period:  
Balance under scheme 483,711  
not yet issued/allotted at  
end of period  
Number and class of 1,850,000 ordinary shares of US\$  
securities originally 20 cents each on 23 January 2006.  
listed and the date of  
admission  
Total number of 888,831,474 ordinary shares of US\$  
securities in issue at the 20 cents each are in issue.  
end of the period 63,179,855 ordinary shares of  
US\$20 cents each are held in  
treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: 2001 UK Approved Share Option Scheme  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 83,675  
from previous return:  
The amount by which 1,000,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:  
Number of securities 96,000  
issued/allotted under  
scheme during period:  
Balance under scheme 987,675  
not yet issued/allotted at  
end of period  
Number and class of 500,000 ordinary shares of US\$ 20  
securities originally cents each listed on 23 January  
listed and the date of 2006. 1,000,000 ordinary shares of  
admission US\$ 20 cents each listed on 10  
February 2010.  
Total number of 888,831,474 ordinary shares of US\$  
securities in issue at the 20 cents each are in issue.  
end of the period 63,179,855 ordinary shares of  
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To: The FSA

Date: 30 July 2010

Name of applicant:	Smith & Nephew plc
Name of scheme:	2001 UK Unapproved Share Option Scheme
Period of return: From:	24 January 2010 To: 23 July 2010
Balance under scheme from previous return:	192,809
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return:	2,000,000
Number of securities issued/allotted under scheme during period:	364,300
Balance under scheme not yet issued/allotted at end of period	1,828,509
Number and class of securities originally listed and the date of admission	1,000,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 500,000 ordinary shares of US\$ 20 cents listed on 2 August 2007. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 February 2010.
Total number of securities in issue at the end of the period	888,831,474 ordinary shares of US\$ 20 cents each are in issue. 63,179,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: 2001 US Share Plan  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 896,665  
from previous return:  
The amount by which 2,000,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:  
Number of securities 432,906  
issued/allotted under  
scheme during period:  
Balance under scheme 2,463,759  
not yet issued/allotted at  
end of period  
Number and class of 1,500,000 ordinary shares of US\$  
securities originally 20 cents each listed on 13 February  
listed and the date of 2007. 1,000,000 ordinary shares of  
admission US\$ 20 cents each listed on 2  
August 2007. 2,000,000 ordinary

shares of US\$ 20 cents each listed on 10 September 2008. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 February 2010.

Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue. 63,179,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: International Employees Share Option Scheme  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme from previous return: 963,159  
The amount by which the block scheme has been increased, if the scheme has been increased since the date of the last return: N/A  
Number of securities issued/allotted under scheme during period: 33,281

Balance under scheme 929,878  
not yet issued/allotted at  
end of period  
Number and class of securities originally listed and the date of admission 1,000,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006. 1,000,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.  
Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.  
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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: UK Employee Share Option Scheme  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme from previous return: 777,161  
The amount by which the block scheme has: N/A

been increased, if the scheme has been increased since the date of the last return:

Number of securities 81,678

issued/allotted under scheme during period:

Balance under scheme 695,483

not yet issued/allotted at end of period

Number and class of securities originally listed and the date of admission 1,500,000 ordinary shares of US\$ 20 cents each listed on 23 January 2006. 1,500,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008.

Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Performance Share Plan

Period of return: From: 24 January 2010 To: 23 July 2010

Balance under scheme 315,145

from previous return:

The amount by which 1,000,000

the block scheme has

been increased, if the

scheme has been

increased since the

date of the last return:

Number of securities 77,715

issued/allotted under

scheme during period:

Balance under scheme 1,237,430

not yet issued/allotted at

end of period

Number and class of securities originally listed and the date of admission 750,000 ordinary shares of US\$ 20 cents each listed on 13 February 2007. 1,000,000 ordinary shares of US\$ 20 cents each listed on 10 February 2010.

Total number of securities in issue at the end of the period 888,831,474 ordinary shares of US\$ 20 cents each are in issue.

63,179,855 ordinary shares of US\$20 cents each are held in treasury.

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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: 2004 Executive Share Option Plan  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 441,516  
from previous return:  
The amount by which 1,000,000  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:  
Number of securities 37,816  
issued/allotted under  
scheme during period:  
Balance under scheme 1,403,700  
not yet issued/allotted at  
end of period  
Number and class of 1,000,000 ordinary shares of US\$  
securities originally 20 cents each listed on 13 February  
listed and the date of 2007. 1,000,000 ordinary shares of  
admission US\$ 20 cents each listed on 10  
February 2010.  
Total number of 888,831,474 ordinary shares of US\$  
securities in issue at the 20 cents each are in issue.  
end of the period 63,179,855 ordinary shares of  
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To: The FSA

Date: 30 July 2010

Name of applicant: Smith & Nephew plc  
Name of scheme: 2004 Co-investment Plan  
Period of return: From: 24 January 2010 To: 23 July 2010  
Balance under scheme 398,330  
from previous return:  
The amount by which N/A  
the block scheme has  
been increased, if the  
scheme has been  
increased since the  
date of the last return:  
Number of securities 115,418  
issued/allotted under  
scheme during period:  
Balance under scheme 282,912  
not yet issued/allotted at  
end of period  
Number and class of 750,000 ordinary shares of US\$ 20  
securities originally cents each listed on 13 February  
listed and the date of 2007  
admission  
Total number of 888,831,474 ordinary shares of US\$  
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