SMITH & NEPHEW PLC Form 6-K February 07, 2011

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

February 7, 2011

Commission File Number 001-14978

SMITH & NEPHEW plc (Registrant's name)

15 Adam Street London, England WC2N 6LA (Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F X Form 40-F

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes No X

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes No X

[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82- n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 193- signed on its behalf by the undersigned thereunto duly authorized.	4, the registrant has duly caused this report to be
Date: February 7, 2011	Smith & Nephew Plc (Registrant)
Date. Teordary 7, 2011	
	By: /s/ Susan Henderson
Susan Henderson	1
	Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 1985 Executive Share Option Scheme

Period of return: From: 24 July 2010 To: 23 January 2011

0

Balance under scheme from previous return: 6,437 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during

Balance under scheme not yet issued/allotted at end of 6,437

Number and class of securities originally listed and the date 30,000 Ordinary Shares of US\$20 cents each listed on 13

of admission

February 2007.

Total number of securities in issue at the end of the period

890,518,930 ordinary shares of US\$20 cents each are in issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

15 Adam Street, London, WC2N 6LA Address of contact:

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 1990 International Executive Share Option Scheme Period of return: To: 23 January 2011 From: 24 July 2010

Balance under scheme from previous return: 483,711 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 0

period:

483,711 Balance under scheme not yet issued/allotted at end of

Number and class of securities originally listed and the date 1,850,000 ordinary shares of US\$20 cents each listed on

of admission

23 January 2006.

890,518,930 ordinary shares of US\$20 cents each are in Total number of securities in issue at the end of the period

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Approved Share Option Scheme

Period of return: 24 July 2010 From: To: 23 January 2011

Balance under scheme from previous return: 987,675 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

Number of securities issued/allotted under scheme during

period:

57,900

Balance under scheme not yet issued/allotted at end of

period

929,775

Number and class of securities originally listed and the date 500,000 ordinary shares of US\$20 cents each listed on 23

of admission

January 2006. 1,000,000 ordinary shares of US\$ 20 cents

each listed on 10 February 2010.

Total number of securities in issue at the end of the period

890,518,930 ordinary shares of US\$20 cents each are in issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Unapproved Share Option Scheme

23 January 2011 Period of return: 24 July 2010 To:

Balance under scheme from previous return: 1,828,509 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

419,195 Number of securities issued/allotted under scheme during

period:

5

1,409,314

Balance under scheme not yet issued/allotted at end of

period

Number and class of securities originally listed and the date 1,000,000 ordinary shares of US\$20 cents each listed on

Total number of securities in issue at the end of the period

of admission

13 February 2007. 500,000 ordinary shares of US\$ 20 cents each listed on 02 August 2007. 2,000,000 ordinary

shares of US\$ 20 cents each listed on 10 February 2010. 890,518,930 ordinary shares of US\$20 cents each are in

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc Name of scheme: 2001 US Share Plan

Period of return: 24 July 2010 23 January 2011 From: To:

Balance under scheme from previous return: 2,463,759 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 876,143

period:

Balance under scheme not yet issued/allotted at end of

period

1,587,616

Number and class of securities originally listed and the date 1,500,000 ordinary shares of US\$20 cents each listed on

13 February 2007. 1,000,000 ordinary shares of US\$ 20 of admission

cents each listed on 2 August 2007. 2,000,000 ordinary shares of US\$ 20 cents each listed on 10 September 2008. 2,000,000 ordinary shares of US\$ 20 cents each

listed on 10 February 2010.

890,518,930 ordinary shares of US\$20 cents each are in Total number of securities in issue at the end of the period

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: International Employees Share Option Scheme Period of return: 24 July 2010 23 January 2011 From: To:

929.878 Balance under scheme from previous return: The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 254,693

period:

Balance under scheme not yet issued/allotted at end of 675,185

Number and class of securities originally listed and the date 1,000,000 ordinary shares of US\$20 cents each listed on of admission 23 January 2006. 1,000,000 ordinary shares of US\$ 20

cents each listed on 10 September 2008.

Total number of securities in issue at the end of the period

890,518,930 ordinary shares of US\$20 cents each are in issue. 62,720,798 ordinary shares of US\$20 cents each are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: UK Employee Share Option Scheme

Period of return: From: 24 July 2010 To: 23 January 2011

Balance under scheme from previous return: 695,483 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 338,415

period:

Balance under scheme not yet issued/allotted at end of 357,068

period

Number and class of securities originally listed and the date 1,500,000 ordinary shares of US\$20 cents each listed on

of admission

1,500,000 ordinary shares of US\$20 cents each listed on 23 January 2006. 1,500,000 ordinary shares of US\$ 20

cents each listed on 10 September 2008.

Total number of securities in issue at the end of the period 890,518,930 ordinary shares of US\$20 cents each are in

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

020 7401 7646 Telephone number of contact:

SIGNED BY

Gemma Parsons, Deputy Company Secretary for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Performance Share Plan

Period of return: From: 24 July 2010 To: 23 January 2011

Balance under scheme from previous return: 1,237,430 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 754

period:

Balance under scheme not yet issued/allotted at end of 1,236,676

period

of admission

Number and class of securities originally listed and the date 750,000 ordinary shares of US\$20 cents each listed on 13

February 2007. 1,000,000 ordinary shares of US\$ 20

cents each listed on 10 February 2010.

890,518,930 ordinary shares of US\$20 cents each are in Total number of securities in issue at the end of the period

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

15 Adam Street, London, WC2N 6LA Address of contact:

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc

Name of scheme: 2004 Executive Share Option Plan

Period of return: From: 24 July 2010 To: 23 January 2011

Balance under scheme from previous return: 1,403,700 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during 27,196

period:

Balance under scheme not yet issued/allotted at end of 1,376,504

period

Number and class of securities originally listed and the date 1,000,000 ordinary shares of US\$20 cents each listed on

of admission 13 February 2007. 1,000,000 ordinary shares of US\$ 20

cents each listed on 10 February 2010.

Total number of securities in issue at the end of the period 890,518,930 ordinary shares of US\$20 cents each are in

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc
Name of scheme: 2004 Co-investment Plan

Period of return: From: 24 July 2010 To: 23 January 2011

Balance under scheme from previous return: 282,912 The amount by which the block scheme has been increased, N/A

if the scheme has been increased since the date of the last

return:

Number of securities issued/allotted under scheme during

period:

Balance under scheme not yet issued/allotted at end of 282,912

period

Number and class of securities originally listed and the date 750,000 ordinary shares of US\$20 cents each listed on 13

0

of admission February 2007.

Total number of securities in issue at the end of the period 890,518,930 ordinary shares of US\$20 cents each are in

issue. 62,720,798 ordinary shares of US\$20 cents each

are held in treasury.

Name of contact: Gemma Parsons

Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 07 February 2011

Name of applicant: Smith & Nephew plc Name of scheme: Global Share Plan 2010

Period of return: 22 December 2010 To: From: 23 January 2011

Balance under scheme from previous return: 0

The amount by which the block scheme has been 2,000,000

increased, if the scheme has been increased since the date

of the last return:

Number of securities issued/allotted under scheme during 4,000

Balance under scheme not yet issued/allotted at end of

period

Number and class of securities originally listed and the

date of admission

2,000,000 ordinary shares of US\$20 cents each listed on 22

December 2010.

1,996,000

Total number of securities in issue at the end of the period 890,518,930 ordinary shares of US\$20 cents each are in

issue. 62,720,798 ordinary shares of US\$20 cents each are

held in treasury.

Name of contact: Gemma Parsons

15 Adam Street, London, WC2N 6LA Address of contact:

Telephone number of contact: 020 7401 7646

SIGNED BY Gemma Parsons, Deputy Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.