NUTRI SYSTEM INC /DE/ Form 8-K October 08, 2004

SECURITIES	S AND EXCHANGE CO	MMISSION
	WASHINGTON, D.C. 20549	
	FORM 8-K	
	CURRENT REPORT	
PURSU	UANT TO SECTION 13 OR 15(d) OF	THE
SE	CURITIES EXCHANGE ACT OF 193	34
Date of Ro	eport (Date of earliest event reported): October	r 7, 2004
	NutriSystem, Inc.	
	(Exact name of Registrant as Specified in Charter)	
Delaware (State or Other Jurisdiction	0-28551 (Commission File Number)	23-3012204 (IRS Employer
of Incorporation)		Identification No.)
200 Welsh Road, Horsham, I (Address of principal executive off		19044 Zip Code

Registrant s telephone, including area code: 215-706-5300

(Former name and former address, if changed since last report)

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	ck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of following provisions (see General Instruction A.2. below):
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
ITE	M 7.01: REGULATION FD DISCLOSURE.
The	following information is furnished under Item 7.01. Regulation FD Disclosure.
mon	October 7, 2004, NutriSystem, Inc. ( NutriSystem ) issued a press release setting forth NutriSystem s updated financial guidance for the three ths ended September 30, 2004. A copy of NutriSystem s press release is attached hereto as Exhibit 99.1 and hereby incorporated by rence.
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	SIGNATURE
	uant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the ersigned thereunto duly authorized.
	NUTRISYSTEM, INC.
Date	e: October 7, 2004 By: /s/ James D. Brown
	Name: James D. Brown

EXHIBIT INDEX

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Title:

Chief Financial Officer

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Exhibit No.	Description of Exhibit
99.1	Press Release, dated October 7, 2004 issued by NutriSystem, Inc.