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Irving Lawre Form 4											
December 2	1, 2007										
FORM	14 UNITED S	TATES SECU	DITIES A	ND EV	<u>а</u> пу	NCEO	OMMISSION	OMB APPROVAL			
		RITIES AND EXCHANGE COMMISSION shington, D.C. 20549					3235-0287				
Check th if no long subject to Section 1 Form 4 of Form 5 obligation may con	ger o 16. or Filed purs tinue. Section 17(a	ENT OF CHAN suant to Section 1) of the Public U 30(h) of the In	SECUR 16(a) of the Itility Hold	ITIES e Securit ling Con	ies E 1pany	Exchang y Act of	e Act of 1934, E 1935 or Section	Expires: Estimated a burden hou response			
See Instr 1(b).	ruction	50(ii) of the ii	irvestillent	Compan	y At	1 01 174	r0				
(Print or Type	Responses)										
1. Name and A Irving Lawı	Address of Reporting F rence R.	Symbol SYNC	er Name and HRONOSS	5			5. Relationship of Issuer (Check	Reporting Pers			
(Last)	(Last) (First) (Middle) 3. Date of Earliest Transaction						Director 10% Owner				
750 ROUTI	2007 <u>X_</u> Officer (below) Ch					ive title Other (specify below) of Financial Officer					
	(Street)		endment, Da onth/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_Form filed by C	One Reporting Pe	rson		
BRIDGEW	ATER, NJ 08807						Form filed by M Person	lore than One Re	porting		
(City)	(State) (Zip) Tab	ole I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	ty (Month/Day/Year) Execution Date, if Transaction(A 3) any Code (In (Month/Day/Year) (Instr. 8)			n(A) or Di	Securities Acquired 5. Amount (A) or Disposed of (D) Securities Beneficial Owned (A) Reported (A) Transactice (Instr. 3 ar			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	12/20/2007		S	100	D	\$ 34.95	216,227	D			
Common Stock	12/20/2007		S	100	D	\$ 35.08	216,127	D			
Common Stock	12/20/2007		S	100	D	\$ 35.45	216,027	D			
Common Stock	12/20/2007		S	100	D	\$ 35.48	215,927	D			
Common Stock	12/20/2007		S	100	D	\$ 35.51	215,827	D			

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Common Stock	12/20/2007	S	100	D	\$ 215,727 D
Common Stock	12/20/2007	S	200	D	\$ 35.61 215,527 D
Common Stock	12/20/2007	S	100	D	\$ 215,427 D
Common Stock	12/20/2007	S	100	D	\$ 215,327 D
Common Stock	12/20/2007	S	100	D	\$35.8 215,227 D
Common Stock	12/20/2007	S	100	D	\$ 35.85 215,127 D
Common Stock	12/20/2007	S	100	D	\$ 36.18 215,027 D
Common Stock	12/20/2007	S	100	D	\$ 36.3 214,927 D
Common Stock	12/20/2007	S	100	D	\$ 214,827 D
Common Stock	12/20/2007	S	150	D	\$ 36.73 214,677 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2. Conversion	3. Transaction Date		4. Transcatio	5.	6. Date Exerc		7. Title		8. Price of	9. Nu Doriv
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			Amour Underl Securit (Instr. 1	ying	Derivative Security (Instr. 5)	Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addres	Relationships							
	Director	10% Owner	Officer	Other				
Irving Lawrence R. 750 ROUTE 202 SUITE 600 BRIDGEWATER, NJ 08807			Chief Financial Officer					
Signatures								
/s/ Lawrence R. Irving	12/21/2007							

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

All of the sales reported in this Form were effected pursuant to an approved Rule 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.