

Gambrel Alan Thompson
 Form 4
 June 29, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Gambrel Alan Thompson

2. Issuer Name and Ticker or Trading Symbol
 TreeHouse Foods, Inc. [THS]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
 TWO WESTBROOK CORPORATE CENTER, SUITE 1070

3. Date of Earliest Transaction (Month/Day/Year)
 06/27/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Sr VP-Human Resources

(Street)
 WESTCHESTER, IL 60154

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price		
Common Stock	06/27/2010		F ⁽¹⁾		1,473 D \$ 46.41	11,027 ⁽²⁾	D
Common Stock	06/28/2010		S ⁽³⁾		3,527 D \$ 46.76	7,500	D
Common Stock	06/28/2010		M ⁽⁴⁾		4,533 A \$ 24.06	12,033	D
Common Stock	06/28/2010		S ⁽³⁾		4,533 D \$ 46.76	7,500	D
Common Stock	06/29/2010		M ⁽⁵⁾		1,200 A \$ 0	8,700	D

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Common Stock 06/29/2010 F⁽¹⁾ 354 D \$ 45.72 8,346 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code V (A) (D)		Date Exercisable Expiration Date	Title Amount or Number of S
Non-Qualified Stock Option (right to buy)	\$ 46.47	06/28/2010		A	11,350	(6) (6)	Common Stock 11,350
Restricted Stock Unit	(7)	06/28/2010		A	3,460	(8) (8)	Common Stock 3,460
Non-Qualified Stock Option (right to buy)	\$ 24.06	06/28/2010		M ⁽⁴⁾	4,533	(6) (6)	Common Stock 4,533
Restricted Stock Unit	(7)	06/29/2010		M ⁽⁵⁾	1,200	(8) (8)	Common Stock 1,200

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Gambrel Alan Thompson TWO WESTBROOK CORPORATE CENTER SUITE 1070 WESTCHESTER, IL 60154			Sr VP-Human Resources	

Signatures

/s/Thomas E. O'Neill, as attorney-in-fact 06/29/2010

 **Signature of Reporting Person

 Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Shares withheld to satisfy minimum tax withholding obligations.
- (2) The total number of shares have been reduced by 10,000 to exclude a non-derivative performance based award that was included in the past and was not required to be reported.
- (3) These shares were sold pursuant to a previously established 10b5-1 plan primarily for the purpose of covering additional tax obligations.
- (4) Exercise of stock options.
- (5) Settlement of restricted stock units into shares of common stock.
- (6) The stock options will vest in three approximately equal installments on each of the first three anniversaries of the grant date.
- (7) Each restricted stock unit represents a contingent right to receive one share of common stock of TreeHouse Foods, Inc.
- (8) The restricted stock units vest and settle in stock or cash in three approximately equal installments on each of the first three anniversaries of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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