NARAYANAN LAKSHMI

November 20	2012							
November 30							OMR AI	PPROVAL
FORM	4 UNITED	STATES			AND EXCHANGE (a, D.C. 20549	COMMISSION	OMB Number:	3235-0287
Check thi if no long subject to Section 1 Form 4 or Form 5	MENT O	F CHAN	NGES IN SECUI	Expires: Estimated a burden hou response	rs per			
obligation may continued to the see Instruction 1(b).	Section 17	(a) of the	Public U	tility Hol	ne Securities Exchang Iding Company Act o t Company Act of 19	f 1935 or Section	1	
Print or Type R	Responses)							
	ddress of Reporting AN LAKSHMI	Person *	Symbol COGN	IZANT T	d Ticker or Trading ECHNOLOGY ORP [CTSH]	5. Relationship of Issuer (Chec	Reporting Per	
	ZANT TECHN S CORP., 500 F			of Earliest T Day/Year) 2012	ransaction	_X_ Director _X_ Officer (give below)		Owner Owner (specify
TEANECK,	(Street)			endment, D nth/Day/Yea	ate Original	6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	One Reporting Pe	erson
(City)	(State)	(Zip)				Person		
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative Securities Acc	quired, Disposed of	, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8)	4. Securities Acquired (a order Disposed of (D) (Instr. 3, 4 and 5)	A) 5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership

1.11110 01	2. Transaction Date	ZA. Decined	٥.	4. Securitie	s Acq	uncu (A)	J. Amount of	0.	7. Ivaluic
Security	(Month/Day/Year)	Execution Date, if	Transactiomr Disposed of (D)			Securities	Ownership	Indirect	
(Instr. 3)		any	Code (Instr. 3, 4 and 5)				Beneficially	Form:	Beneficia
		(Month/Day/Year)	(Instr. 8)				Owned	Direct (D)	Ownershi
							Following	or Indirect	(Instr. 4)
					()		Reported	(I)	
					(A)		Transaction(s)	(Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Class A									
Common	11/29/2012		M	120,000	A	\$ 5.06	120,000	D	
Stock	11,27,2012			120,000		Ψ 0.00	120,000		
Class A						¢			
	11/20/2012		C	120,000	D	ф 67.08	0	D	
Common	11/29/2012		S	(1)	D		U	D	
Stock						<u>(2)</u>			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	orDeri Secu Acqu Disp	umber of vative rities uired (A) or osed of (D) r. 3, 4, and	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Class A Common Stock Option (Right to Buy) (3)	\$ 5.06	11/29/2012		M		120,000	02/05/2004	02/05/2013	Class A Common Stock	120,00

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
NARAYANAN LAKSHMI C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD TEANECK, NJ 07666	X		Vice Chairman			

Signatures

/s/ Steven Schwartz, on behalf of Lakshmi Narayanan, by power of attorney 11/30/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Such shares were sold pursuant to a Rule 10b5-1 Sales Plan.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$67.00 to \$67.34. The reporting person undertakes to provide to Cognizant Technology Solutions Corporation, any security holder of Cognizant Technology Solutions Corporation, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote to this Form 4.
- (3) Such options were granted on February 5, 2003 pursuant to the Company's Amended and Restated 1999 Incentive Compensation Plan. The options were 100% vested on February 5, 2007. The Date Exercisable above reflects the first anniversary date of such option.
- (4) Excludes previously granted options for an aggregate of 350,000 shares of Class A Common Stock, which have different exercise prices and vesting dates.

Reporting Owners 2

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