SWIFT ENERGY CO

Form 4

February 19, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

response...

Estimated average

burden hours per

See Instruction 1(b).

Stock-IRA

Holdings SFY Cmmn Stock-By

Other

Holdings

(Print or Type Responses)

1. Name and Address of Reporting Person * Tomberlin Steven L.			2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle) 16825 NORTHCHASE DRIVE, SUITE 400			3. Date of Earliest Transaction (Month/Day/Year) 02/17/2014				(Check all applicable) Director 10% Owner Officer (give title Other (specify below) Sr. VP, Resource Devel & Eng			
(Street) HOUSTON, TX 77060			Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Table I	- Non-Der	ivative Sec		Person ired, Disposed of	f, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execu any	eemed tion Date, if h/Day/Year)	3. Transactic Code (Instr. 8)	on(A) or Dis (D)	•	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
SFY Cmmn Stk-Family Member							2,000	I	By children	
SFY Cmmn										

79,000

30,000

160 (1)

Ι

Ι

Ι

By IRA

By Family

Partnership

ESOP

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SFY Cmmn Stock-ESOP Holding

SFY

Common $1,900^{(2)}$ Ι 401(k)

Stock-401(k)

Swift Energy

Common 02/17/2014 A D 15,400 A \$ 0 88,611

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Devel & Eng

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

	Kelationships
Reporting Owner Name / Address	•

Officer Director 10% Owner Other Sr. VP, Tomberlin Steven L. 16825 NORTHCHASE DRIVE, SUITE 400 Resource

HOUSTON, TX 77060

Signatures

Steven L. 02/19/2014 Tomberlin

**Signature of Date Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on statement dated 12/31/2012.
- (2) Based on statement dated 12/31/2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.