

TEN BRINK FRANK JM

Form 4

December 18, 2009

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
TEN BRINK FRANK JM

2. Issuer Name **and** Ticker or Trading
Symbol
STERICYCLE INC [SRCL]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

28161 N. KEITH DRIVE

3. Date of Earliest Transaction
(Month/Day/Year)
12/16/2009

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)
CFO

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

LAKE FOREST, IL 60045

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	12/16/2009		F		12,734	D	\$ 56.06 72,598
Common Stock	12/16/2009		M		26,288	A	\$ 5.0625 98,886
Common Stock	12/16/2009		M		24,048	A	\$ 7.6015 122,934
Common Stock	12/16/2009		S		41,000	D	\$ 56.3815 81,934
Common Stock	12/16/2009		M		21,812	A	\$ 17.525 103,746

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Common Stock	12/17/2009	S	18,307	D	\$ 55.5181	85,439	D	
Common Stock						350	I	by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Security (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of S
Incentive Stock Option (right to buy)	\$ 5.0625	12/16/2009		M		26,288		06/01/2005	05/31/2010	Common Stock	26,288
Incentive Stock Option (right to buy)	\$ 7.6015	12/16/2009		M		24,048		03/01/2006	02/06/2011	Common Stock	24,048
Non-Qualified Stock Option (right to buy)	\$ 17.525	12/16/2009		M		21,812		02/01/2008	01/16/2013	Common Stock	21,812

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
TEN BRINK FRANK JM 28161 N. KEITH DRIVE LAKE FOREST, IL 60045	CFO

Signatures

Frank J. M. ten Brink	12/18/2009
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__Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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