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MGP INGRE Form 4 January 06, 2		2										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									-	OMB APPROVAL		
Washington, D.C. 20549									OMB Number:	3235-0287		
	Check this box if no longer								Expires:	January 31, 2005		
subject to	subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF									average		
	Section 16. SECURITIES Form 4 or								burden hou response			
Form 5	Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,											
obligations may continue Section 17(a) of the Public Utility Holding Company Act of 1935 or Section												
See Instruction 30(h) of the Investment Company Act of 1940												
1(b).												
(Print or Type R	esponses)											
STRANDJORD M JEANNINE Symbol Ist							5. Relationship of Reporting Person(s) to Issuer					
MGP J				GREDIE	NTS INC	C [M	GPI]	(Check all applicable)				
(Last)	Earliest Tra	ansaction			V D'	100						
				ay/Year))14				_X_Director10% Owner Officer (give titleOther (specify				
									below)			
(Street) 4. If Amendr					te Original			6. Individual or Joint/Group Filing(Check				
Filed(Month/I				th/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person				
ATCHISON	, KS 66002								More than One Re			
(City)	(State)	(Zip)	Table	e I - Non-De	erivative S	ecuri	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
1.Title of	2. Transaction		emed 3. 4. Securities					5. Amount of	6. Ownership	7. Nature of		
Security (Instr. 3)	(Month/Day/Y	ear) Executi any							Form: Direct (D) or	Indirect Beneficial		
((Instr. 8) (Instr. 3, 4 and 5)				Owned	Indirect (I)	Ownership					
								Following Reported	(Instr. 4)	(Instr. 4)		
						(A) or		Transaction(s)				
~				Code V	Amount		Price	(Instr. 3 and 4)				
Common Stock	12/16/2014			М	4,458	А	\$ 0 (1)	14,458	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

					Code	V (4	A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock (2)	\$0	12/16/201	4		М			4,458	12/16/2014	12/16/2014	Common Stock	4,458
Reporti	ng Ow	ners										
Reporting O	wner Name / Addres	/ Address	Relationships									
			Director	10% Owner	Officer	r Ot	ther					
STRANDJOH C/O MGP IN 100 COMME	GREDIEN		х									

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4.

Code

(Instr. 8)

5. Number

Securities

Acquired

Disposed of (D) (Instr. 3, 4, and 5)

(A) or

Transaction of Derivative Expiration Date

6. Date Exercisable and

(Month/Day/Year)

7. Title and Amount of

Underlying Securities

(Instr. 3 and 4)

3. Transaction Date 3A. Deemed

(Month/Day/Year) Execution Date, if

any

(Month/Day/Year)

Signatures

ATCHISON, KS 66002

1. Title of

Derivative

Security

(Instr. 3)

2.

Conversion

or Exercise

Derivative

Price of

Security

/s/ Lori Norlen, Attorney in Fact for M. Jeannine Strandjord

**Signature of Reporting Person

Date

01/06/2015

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock units convert into common stock on a one-for-one basis.
- (2) Accelerated vesting of restricted stock units on 12/16/2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.