Edgar Filing: MEDIA GENERAL INC - Form 4

	NERAL INC							
Form 4 August 02, 2	2007							
FORM	ЛЛ						PPROVAL	
	UNITED			AND EXCHANGE , D.C. 20549	OMB Number:	3235-0287		
Check tl if no lon subject t Section Form 4 e Form 5	ger o STATEN 16. or Filed put	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,						
obligatio may con <i>See</i> Instr 1(b).	ons Section 17((a) of the Publi	c Utility Hol	ding Company Act t Company Act of 1	of 1935 or Sectio	n		
(Print or Type	Responses)							
1. Name and Address of Reporting Person <u>*</u> NABHAN LOU ANNE J			bol	d Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
		ME	DIA GENER	RAL INC [MEG]	(Check all applicable)			
(Last) (First) (Middle) 333 EAST FRANKLIN ST			ate of Earliest T nth/Day/Year))1/2007	ransaction	Director 10% Owner X Officer (give title Other (specify below) below) Vice President			
	(Street)		Amendment, D l(Month/Day/Yea	-	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
RICHMON	ID, VA 23219				Person	Nore than One R	eporting	
(City)	(State)	(Zip)	Table I - Non-l	Derivative Securities A	cquired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, any	Code	4. Securities nAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or	SecuritiesHBeneficially()Owned()Following()Reported()Transaction(s)()	5. Ownership Form: Direct D) or Indirect I) Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount (D) Price	(Instr. 3 and 4)			
Reminder: Re	port on a separate line	e for each class of	securities bene	ficially owned directly o	or indirectly.			
				information cont required to respo	pond to the collec ained in this form ond unless the for ntly valid OMB cor	are not m	SEC 1474 (9-02)	

number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

Edgar Filing: MEDIA GENERAL INC - Form 4

(Instr. 3)	Price of Derivative Security	(Month/Day/Year) (Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				(Instr. 5)	
			Code V	(A) (D)) Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (1)	\$ O	08/01/2007	А	22	(2)	(2)	Class A Common Stock	22	\$0

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
NABHAN LOU ANNE J							
333 EAST FRANKLIN ST			Vice President				
RICHMOND, VA 23219							
Signatures							
/s/ Lou Anne J. Nabhan, by Ge	orge L. N	Iahoney,					
Attorney-in-fact		·		08/02/20			

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units acquired under Company deferred compensation plan, final balance of which is distributed upon employee's termination of service.
- (2) Upon retirement, employee has several options as to the timing and form of payout.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

/02/2007

Date