

INTERNATIONAL FLAVORS & FRAGRANCES INC
 Form 4
 November 17, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
 OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
WETMORE DOUGLAS J

2. Issuer Name and Ticker or Trading Symbol
INTERNATIONAL FLAVORS & FRAGRANCES INC [IFF]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
INTERNATIONAL FLAVORS & FRAGRANCES INC., 521 WEST 57TH ST

3. Date of Earliest Transaction (Month/Day/Year)
11/15/2004

____ Director
 Officer (give title below) _____ Other (specify below)
SVP and CFO

(Street)
NEW YORK, NY 10019

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	11/15/2004		M	A	\$ 45,125	71,382	D
Common Stock	11/15/2004		M	A	\$ 4,175	75,557	D
Common Stock	11/15/2004		S	D	\$ 3,300	72,257	D
Common Stock	11/15/2004		S	D	\$ 1,500	70,757	D
	11/15/2004		S	D	\$ 4,900	65,857	D

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Common Stock					\$ 40.92		
Common Stock	11/15/2004	S	32,000	D	\$ 40.95	33,857	D
Common Stock	11/15/2004	S	500	D	\$ 40.96	33,357	D
Common Stock	11/15/2004	S	800	D	\$ 40.98	32,557	D
Common Stock	11/15/2004	S	900	D	\$ 40.99	31,657	D
Common Stock	11/15/2004	S	400	D	\$ 41	31,257	D
Common Stock	11/15/2004	S	200	D	\$ 41.01	31,057	D
Common Stock	11/15/2004	S	100	D	\$ 41.02	30,957	D
Common Stock	11/15/2004	S	1,600	D	\$ 41.04	29,357	D
Common Stock	11/16/2004	M	10,700	A	\$ 29.86	40,057	D
Common Stock	11/16/2004	S	7,200	D	\$ 40.9	32,857	D
Common Stock	11/16/2004	S	300	D	\$ 40.91	32,557	D
Common Stock	11/16/2004	S	200	D	\$ 40.92	32,357	D
Common Stock	11/16/2004	S	400	D	\$ 40.93	31,957	D
Common Stock	11/16/2004	S	100	D	\$ 40.94	31,857	D
Common Stock	11/16/2004	S	400	D	\$ 40.96	31,457	D
Common Stock	11/16/2004	S	100	D	\$ 40.97	31,357	D
Common Stock	11/16/2004	S	200	D	\$ 40.98	31,157	D
Common Stock	11/16/2004	S	100	D	\$ 40.99	31,057	D
Common Stock	11/16/2004	S	100	D	\$ 41	30,957	D
	11/16/2004	S	1,400	D		29,557	D

Common Stock					\$					41.01		
Common Stock	11/16/2004		S	200	D	\$				29,357	D	41.02

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Options (Right to Buy)	\$ 34.56	11/15/2004		M	45,125	<u>(1)</u> 02/08/2010	Common Stock	45,125
Options (Right to Buy)	\$ 29.86	11/15/2004		M	4,175	<u>(2)</u> 03/11/2013	Common Stock	4,175
Options (Right to Buy)	\$ 29.86	11/16/2004		M	10,700	<u>(3)</u> 02/08/2010	Common Stock	10,700

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WETMORE DOUGLAS J INTERNATIONAL FLAVORS & FRAGRANCES INC. 521 WEST 57TH ST NEW YORK, NY 10019			SVP and CFO	

Signatures

Jodie Simon Friedman,
Attorney-in-fact

11/17/2004

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The options vest in 3 equal annual installments beginning February 8, 2001.
- (2) The options vest in 3 equal annual installments beginning March 11, 2004.
- (3) The options vest in 3 equal annual installments beginning March 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.