BALLY TOTAL FITNESS HOLDING CORP Form DEL AM August 24, 2007

Christopher D. Lueking

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File No. 024798-0097	

August 24, 2007
VIA EDGAR
Yuna Peng
Division of Corporation Finance
Securities and Exchange Commission
450 Fifth Street, N.W.
Washington, D.C. 20549
Re: Bally Total Fitness Holding Corporation
Application for Qualification of Indenture on Form T-3
Application Numbers 022-28845
Filed on August 22, 2007

Dear Ms. Peng:

On behalf of our client, Bally Total Fitness Holding Corporation, we hereby specifically incorporate into the facing page of the above-mentioned Application for Qualification of Indenture the following language pursuant to Rule 7a-9 of the Trust Indenture Act of 1939:

The obligor hereby amends this application for qualification on such date or dates as may be necessary to delay its effectiveness until: (i) the 20th day after the filing of a further amendment which specifically states that it shall supersede this amendment, or (ii) such date as the Commission, acting pursuant to Section 307(c) of the Act, may determine upon the written request of the obligor.

We respectfully request that comments, if any, in connection with the subject filing be directed to the undersigned at Latham & Watkins LLP, Sears Tower, Suite 5800, 233 South Wacker Drive, Chicago, Illinois 60606 (fax: 312-993-9767).

Sincerely yours,

/s/ Christopher D. Lueking

Christopher D. Lueking of LATHAM & WATKINS LLP

cc: Marc D. Bassewitz Mark D. Gerstein Roderick Branch