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LABORATORY CORP OF AMERICA HOLDINGS

Form 4 May 02, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(City)

(State)

(Zip)

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading MITTELSTAEDT ROBERT E JR Issuer Symbol LABORATORY CORP OF (Check all applicable) AMERICA HOLDINGS [LH] (Last) (First) (Middle) 3. Date of Earliest Transaction _X__ Director 10% Owner Other (specify Officer (give title (Month/Day/Year) below) 531 SOUTH SPRING STREET 04/30/2014 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **BURLINGTON, NC 27215** Person

(City)	(State)	Table Table	e I - Non-D	erivative (Secur	ities Acqı	iired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit n(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	04/30/2014		M	1,984	A	\$ 38.8	8,999	D	
Common Stock	04/30/2014		S	1,984	D	\$ 98.39	7,015	D	
Common Stock	04/30/2014		M	1,542	A	\$ 49.93	8,557	D	
Common Stock	04/30/2014		S	1,542	D	\$ 98.39	7,015	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Secu
					Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or Nu of Sh
į	Non-qualified Stock Options	\$ 38.8	04/30/2014		M	1,984	05/12/2005(2)	05/12/2014	Common Stock	1
į	Non-qualified Stock Options	\$ 49.93	04/30/2014		M	1,542	05/18/2006(3)	05/18/2015	Common Stock	1

Reporting Owners

Reporting Owner Name / Address		Relationsh	iips	
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other
MITTELSTAEDT ROBERT E JR				
531 SOUTH SPRING STREET	X			
BURLINGTON, NC 27215				

Signatures

/s/ F. Samuel Eberts III, Attorney-in-Fact for Robert E. Mittelstaedt, Jr.

05/02/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Employee stock option (right to buy) granted pursuant to the Laboratory Corporation of America Holdings 2000 Stock Incentive Plan.
- (2) The option vested in three equal installments beginning on May 12, 2005 and is now fully exercisable.
- (3) The option vested in three equal installments beginning on May 18, 2006 and is now fully exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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