WAKE JAMES G Form 4 February 24, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

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January 31, 2005

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1		Symb Mid	2. Issuer Name and Ticker or Trading Symbol MidWestOne Financial Group, Inc. [MOFG]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 102 SOUTH	(First) (M	(Mon	3. Date of Earliest Transaction (Month/Day/Year) 02/20/2009			_X_ Director Officer (giv below)		6 Owner er (specify	
			f Amendment, Date Original ed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State) ((Zip)	able I - Non-l	Derivative S	Securi	ties Acc	quired, Disposed (of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	` '	sposed	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/20/2009		Р	10,000	A	\$ 7.6	14,772	D	
Common Stock							211	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. DrNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title and A Underlying S (Instr. 3 and	Securities	8. Price Derivat Security (Instr. 5
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 14.59					<u>(1)</u>	04/30/2012	Common Stock	1,151	
Stock Option	\$ 16.85					<u>(1)</u>	04/30/2013	Common Stock	1,375	
Stock Option	\$ 19.5					<u>(1)</u>	04/30/2014	Common Stock	1,310	
Stock Option	\$ 18.49					<u>(1)</u>	04/29/2015	Common Stock	1,147	
Stock Option	\$ 20.08					<u>(1)</u>	04/28/2016	Common Stock	950	
Stock Option	\$ 18.06					<u>(1)</u>	04/26/2017	Common Stock	950	

Reporting Owners

Reporting Owner Name / Address	Relationships					
Fg	Director	10% Owner	Officer	Other		
WAKE JAMES G						
102 SOUTH CLINTON STREET	X					
IOWA CITY, IA 52240						

Signatures

Kenneth R. Urmie, under Power of Attorney dated 01/22/2009	02/24/2009
**Signature of Reporting Person	Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.