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Friedrich Matthew Form 4	W.										
February 28, 2019											
									OMB APPROVAL		
Washington, D.C. 20549								N OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations	suant to S	F CHANGES IN BENEFICIAL OV SECURITIES Section 16(a) of the Securities Exchan					nge Act of 1934,	Estimate burden h response	•		
may continue. <i>See</i> Instruction 1(b).				nvestment	•	· ·	•	of 1935 or Secti 940	on		
(Print or Type Respons	ses)										
Friedrich Matthew W. Syn CO				2. Issuer Name and Ticker or Trading Symbol COGNIZANT TECHNOLOGY				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				SOLUTIONS CORP [CTSH] 3. Date of Earliest Transaction				Director 10% Owner			
(Last) (F C/O COGNIZAN' SOLUTIONS CO W. BURR BLVD	T TECHN(RP., 500 F			Day/Year)	ransaction			Director X Officer (gi below) G		Other (specify	
(St	Street) 4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person						
TEANECK, NJ 07	7666								More than One		
(City) (St	tate)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities A	cquired, Disposed	of, or Benefic	ially Owned	
	saction Date n/Day/Year)		Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D) 4 and 5 (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)		
Reminder: Report on a	a separate line	e for each cla	ass of sec	urities benef	ficially ow	ned di	rectly o	or indirectly.			

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactiorDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. l De Sec (In
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	02/26/2019		А	4,081	(2)	(2)	Class A Common Stock	4,081	
Restricted Stock Units (3)	<u>(1)</u> <u>(3)</u>	02/26/2019		А	28,110	(3)	(3)	Class A Common Stock	28,110	

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Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
Friedrich Matthew W. C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666			General Counsel		
Signatures					
/s/ Harry Demas, on behalf of Matthew W. Friedrich, by Por Attorney	wer of		02/28/2019		
<u>**</u> Signature of Reporting Person			Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit represents a contingent right to receive one share of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company").

The time-vesting restricted stock units (the "RSUs") were granted on February 26, 2019 under the Cognizant Technology Solutions

(2) Corporation 2017 Incentive Award Plan and vest in quarterly installments over three years, commencing on June 1, 2019, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on March 1, 2022.

Represents the total number of performance-based restricted stock units (the "PSUs") that are eligible to vest as a result of the Company having attained certain performance milestones, as determined by the Company's Compensation Committee on February 26, 2019 based upon the Company's audited financial statements for the 2017 and 2018 fiscal years. The PSUs were granted on May 15, 2017 pursuant to

(3) the Company's 2009 Incentive Compensation Plan. In accordance with the award agreement, 1/3rd and 2/3rds of the PSUs that are eligible to vest will vest on July 1, 2019 and January 1, 2020, respectively, provided in each case that Mr. Friedrich remains in the Company's service through such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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