

RECANATI MICHAEL
Form 4
June 27, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RECANATI MICHAEL

2. Issuer Name and Ticker or Trading Symbol
OVERSEAS SHIPHOLDING GROUP INC [OSG]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
06/26/2006

____ Director
____ Officer (give title below)
 10% Owner
____ Other (specify below)

590 FIFTH AVE 19TH FLR

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

NEW YORK, NY 10036

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)			
			Code	V	Amount or Price					
Common Stock, par value \$1.00 per share	06/26/2006		S		6,414 ⁽¹⁾	D	\$ 58	163,367	I ⁽²⁾	(2)
Common Stock, par value \$1.00 per share	06/26/2006		S		151 ⁽¹⁾	D	\$ 58.01	163,216	I ⁽²⁾	(2)
Common Stock, par value \$1.00 per share	06/26/2006		S		461 ⁽¹⁾	D	\$ 58.02	162,755	I ⁽²⁾	(2)

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Common Stock, par value \$1.00 per share	06/26/2006	S	346 <u>(1)</u>	D	\$ 58.03	162,409	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	246 <u>(1)</u>	D	\$ 58.04	162,163	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	257 <u>(1)</u>	D	\$ 58.05	161,906	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	63 <u>(1)</u>	D	\$ 58.06	161,843	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	26 <u>(1)</u>	D	\$ 58.07	161,817	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	383 <u>(1)</u>	D	\$ 58.08	161,434	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	215 <u>(1)</u>	D	\$ 58.09	161,219	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	225 <u>(1)</u>	D	\$ 58.1	160,994	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	10 <u>(1)</u>	D	\$ 58.11	160,984	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	105 <u>(1)</u>	D	\$ 58.12	160,879	I <u>(2)</u>	(2)
Common Stock, par value \$1.00 per share	06/26/2006	S	10 <u>(1)</u>	D	\$ 58.13	160,869	I <u>(2)</u>	(2)
	06/26/2006	S	16 <u>(1)</u>	D		160,853	I <u>(2)</u>	(2)

Signatures

/s/Daniel Pearson, Attorney-in-Fact pursuant to a power of attorney previously filed for
Michael Recanati

06/27/2006

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sold pursuant to a trading plan adopted pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
 - (2) Owned indirectly by Michael Recanati as investment trustee and discretionary beneficiary of The Michael Recanati Trust.
 - (3) As a result of the sale of shares of common stock of the Issuer, the Reporting Person no longer may be deemed to beneficially own at least 10% of the common stock of the Issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.