SUPERIOR UNIFORM GROUP INC

Form 5

Common

Stock

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55,094

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February 10, 2014

| FORM | | | | | | | | OMB A | PPROVAL | | |
|--|---|---|--|-------------------------------------|----------------------------|-------|---|--|---|--|--|
| UNITED STATES SECURITIES AND EXCHANGE COMMISSION Check this box if Washington, D.C. 20549 | | | | | | | OMB Number: | 3235-0362 | | | |
| no longer to Section Form 4 or 5 obligation may conti | subject 116. Form ANN | UAL STATEM | CATEMENT OF CHANGES IN BENI OWNERSHIP OF SECURITIES | | | | FICIAL | Expires: Estimated a burden hou response | rs per | | |
| See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 30(h) of the Investment Company Act of 1940 Transactions Reported | | | | | | | | | | | |
| | Address of Reporting I | Symbol SUPEI | 2. Issuer Name and Ticker or Trading Symbol SUPERIOR UNIFORM GROUP INC [SGC] | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | |
| (Last) | (First) (M | (Month/ | (Month/Day/Year) | | | _ | e title 10% Owner Other (specify below) | | | | |
| 12/31/2013 SUPERIOR UNIFORM GROUP, 10055 SEMINOLE BLVD. | | | | | | | | | | | |
| | (Street) | | 4. If Amendment, Date Original 6. Filed(Month/Day/Year) | | | | 6. Individual or Joint/Group Reporting (check applicable line) | | | | |
| SEMINOLE, FL 33772 _X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person | | | | | | | | | | | |
| (City) | (State) | (Zip) Tal | ole I - Non-Der | ivative Sec | urities A | Acqui | ired, Disposed o | f, or Beneficial | ly Owned | | |
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | e 2A. Deemed Execution Date, if any (Month/Day/Year) | Code | 4. Securit (A) or Di (D) (Instr. 3, | sposed of 4 and 5) (A) or | of | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| Common Stock | 05/23/2013 | Â | W <u>(1)</u> | 10,525 | | \$ 0 | 104,069 | I | held by wife. (2) | | |
| Common Stock | 11/26/2013 | Â | W <u>(1)</u> | 18,395 | A | \$ 0 | 122,464 | I | held by wife. (2) | | |

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Of D So

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| Derivative | Conversion | (Month/Day/Year) | | 4. Transaction | S. Number | Expiration D | | Amou | nt of | 8. Price of Derivative | |
|------------|------------------------------------|------------------|------------------|-------------------|---|---------------------|--------------------|-------------------|--|------------------------|--|
| Security | or Exercise | | any | Code | of | (Month/Day/ | Year) | Under | rlying | Security | |
| (Instr. 3) | Price of Derivative Security | | (Month/Day/Year) | (Instr. 8) | Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | | Securi (Instr. | ities 3 and 4) | (Instr. 5) | |
| | | | | | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|--|---------------|-----------|-----------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| SCHWARTZ ALAN/FL SUPERIOR UNIFORM GROUP 10055 SEMINOLE BLVD. SEMINOLE, FL 33772 | ÂX | Â | President | Â | | | |

Signatures

/s/ Joan
Petronella, POA

**Signature of Reporting
Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Acquisition by will or laws of descent.
- (2) Held by the Reporting Person's spouse.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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