SILVERBOW RESOURCES, INC. Form 8-K May 09, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (or Date of Earliest Event Reported): May 8, 2018

SilverBow Resources, Inc. (Exact name of Registrant as specified in its charter)

Delaware 001-8754 20-3940661 (State or other jurisdiction of incorporation) (Commission File Number) (IRS Employer Identification No.)

575 North Dairy Ashford, Suite 1200Houston, Texas 77079(Address of principal executive offices)

(281) 874-2700 (Registrant's telephone number)

N/A (Former Name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company o

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. o

2

Item 2.02. Results of Operations and Financial Condition

In a news release after the market closed on May 8, 2018, SilverBow Resources, Inc. ("SilverBow Resources" or the "Company") announced preliminary unaudited operational and financial results for the first quarter of 2018, provided updated 2018 guidance and reported that a conference call for investors, discussing the Company's operational and financial results, would be held at 10:00 a.m. (CDT) on May 9, 2018. In the release, the Company also announced that the conference call would be webcast live and archived on its website at www.sbow.com. The press release is attached to this report as Exhibit 99.1. SilverBow Resources does not intend for this Item 2.02 or Exhibit 99.1 to be incorporated by reference into its filings under the Securities Exchange Act of 1934.

Item 9.01. Financial Statements and Exhibits (d) Exhibit Exhibit Number

99.1 SilverBow Resources, Inc. press release dated May 8, 2018

3

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized. Date: May 8, 2018

SilverBow Resources, Inc. By:/s/ Christopher M. Abundis Christopher M. Abundis Senior Vice President, General Counsel and Secretary