

MOOG INC
Form 4
November 10, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
KAYSER KRAIG H

2. Issuer Name and Ticker or Trading Symbol
MOOG INC [MOGA/MOGB]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3736 SOUTH MAIN STREET

3. Date of Earliest Transaction (Month/Day/Year)
11/09/2009

Director 10% Owner
 Officer (give title below) Other (specify below)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

MARION, NY 14505

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common	11/09/2009		M	V Amount (A) or (D) Price \$ 1,687 A 7.07	5,398	D	
Class A Common (1)					27,237	I	Seneca Foods Foundation
Class A Common (2)					151,500	I	Seneca Foods Pension Trust
Class B Common (2)					79,500	I	Seneca Foods Pension

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares	
				Code	V	(A)	(D)	Title	Amount or Number of Shares	
Option to Buy (3)	\$ 7.07	11/09/2009		M		1,687		Class A Common	1,687	
Option to Buy (3)	\$ 7.59						11/29/2001	11/29/2010	Class A Common	1,687
Option to Buy (3)	\$ 8.82						11/28/2002	11/28/2011	Class A Common	1,687
Option to Buy (3)	\$ 15.24						05/17/2003	05/17/2012	Class A Common	9,681
Option to Buy (3)	\$ 12.53						11/26/2003	11/26/2012	Class A Common	1,687
Option to Buy (3)	\$ 19.74						12/02/2004	12/02/2013	Class A Common	1,687
Option to Buy (3)	\$ 28.01						11/30/2005	11/30/2014	Class A Common	1,537
Option to Buy	\$ 28.94						11/29/2006	11/29/2015	Class A Common	1,538

