MOOG INC. Form 4 November 17, 2016

Check this box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16. Form 4 or

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Last)

(City)

Form 5

obligations

may continue.

(Print or Type Responses)

1. Name and Address of Reporting Person	*
TRABERT MARK IOSEPH	

2. Issuer Name and Ticker or Trading

Symbol

MOOG INC. [MOGA/MOGB]

(Month/Day/Year)

SENECA ST AND JAMISON RD

(State)

(First)

(Middle)

(Zip)

3. Date of Earliest Transaction

11/15/2016

Director X_ Officer (give title Other (specify below) below) Vice President

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

5. Relationship of Reporting Person(s) to

(Check all applicable)

10% Owner

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Issuer

EAST AURORA, NY 14052

1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) Code Disposed of (D) Beneficially (D) or Beneficial (Instr. 3, 4 and 5) Indirect (I) Ownership (Month/Day/Year) (Instr. 8) Owned Following (Instr. 4) (Instr. 4) Reported

(A) Transaction(s) or

(Instr. 3 and 4) Code V Amount (D) Price

Class B Common (1)

541 Ι 401 (k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount of Securities 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
SAR (2)	\$ 41.82					(3)	11/30/2021	Class A Common	2,000
SAR (2)	\$ 36.41					<u>(3)</u>	11/27/2022	Class A Common	4,000
SAR (2)	\$ 61.69					<u>(3)</u>	11/11/2023	Class A Common	2,000
SAR (2)	\$ 74.38					(3)	11/11/2024	Class A Common	2,000
SAR (4)	\$ 63.04					(3)	11/17/2025	Class A Common	3,333
SAR (4)	\$ 65.9					(3)	11/17/2025	Class B Common	6,667
SAR (4)	\$ 71.65	11/15/2016		A	10,000	(3)	11/15/2026	Class B Common	10,000

Reporting Owners

EAST AURORA, NY 14052

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
TRABERT MARK JOSEPH						
SENECA ST AND JAMISON RD			Vice President			

Signatures

Timothy P. Balkin, as Power of Attorney for Mark Joseph Trabert

11/17/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects shares held in Moog Inc. Retirement Savings Plan as of the most recent statement to participants.
- (2) Stock Appreciation Right (SAR) granted under the 2008 Appreciation Rights Plan.
- (3) SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.

Reporting Owners 2

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(4) Stock Appreciation Rights (SAR) granted under the Moog Inc. 2014 Long Term Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.